



Drug & Alcohol Misuse in the Workplace 2025 Accredited Training Courses

The four courses aim to help delegates understand the facts about drug & alcohol misuse in the workplace including legal considerations, how to compile a substance misuse policy and interpretation of reports generated by the laboratory.

Collection Officer Training

Who should attend: Anyone who undertakes Chain of Custody collections; OHA / OHNAs; Occupational Health Physicians; GPs; HR Managers; Health & Safety Officers; trade union members

Course content:

- Preparing a site for collection
- Mechanics of a urine collection, troubleshooting and common errors
- Collection demonstration for back-to-lab and Point of Collection [POC] devices
- Breathalyser selection, calibration and verification with demonstration
- What happens to the samples in the laboratory
- Oral fluid and hair collections

Cost: £285 per delegate

MRO Training, part 1

Who should attend: OHA / OHNAs; Occupational Health Physicians; GPs

Course content:

- The role of the Medical Review Officer [MRO] including the Medical Review
- Laboratory processes such as initial test and confirmation
- Adulteration checks and how donors try and mislead the testing
- Drug metabolism looking at the fact and fiction behind positive samples
- Evaluation and debate of Chain of Custody cases through result interpretation

Cost: £285 per delegate

MRO Training, part 2

Who should attend: OHA / OHNAs; Occupational Health Physicians; GPs

Course content:

- Use of alternative biological samples such as hair, oral fluid, sweat and sweat vapour
- Pros and cons of Point of Collection [POC] devices, how to develop protocols consistent with the principles of Chain of Custody
- Quality and accreditation, European Workplace Drug Testing Society guidelines, minimum service level to expect
- Alcohol including biomarkers such as EtG/EtS, FAEE, PEth and %CDT
- Evaluation via MCQs

Cost: £285 per delegate

Policy Workshop

Who should attend: HR Managers; Health & Safety Officers; Occupational Health professionals; trade union members

Course content:

- Drawing up a draft substance misuse policy
- Timelines for policy introduction and educational requirements

Cost: £175 per delegate for a half-day

On-site courses can be tailored to your requirements. Please call for further information and details of costs.

| | Policy, afternoon | Collection Officer | MRO1 | MRO2 |
|-------------------|-------------------|--------------------|--------|--------|
| Zoom UK/GMT | 03 Feb | 04 Feb | 05 Feb | 06 Feb |
| Zoom UK/BST | 04 Aug | 05 Aug | 06 Aug | 07 Aug |
| Zoom UAE/BST-3hrs | 27 Apr | 28 Apr | 29 Apr | 30 Apr |
| Zoom UAE/BST-3hrs | 05 Oct | 06 Oct | 07 Oct | 08 Oct |

Dates and start times can be adapted to your time zone. Please contact Helen Vangikar for further details.

All delegates will receive an information pack and certificate(s), and MRO1 and MRO2 are accredited and qualify for CPD hours from the Faculty of Occupational Medicine of the Royal College of Physicians [UK].

Booking Procedure and On-site Training

To reserve a place or enquire about on-site training, please contact Helen Vangikar, Toxicology Consultant on mobile: +44 (0)7856 979961; email: helen@helenvangikar.com; web: helenvangikar.com