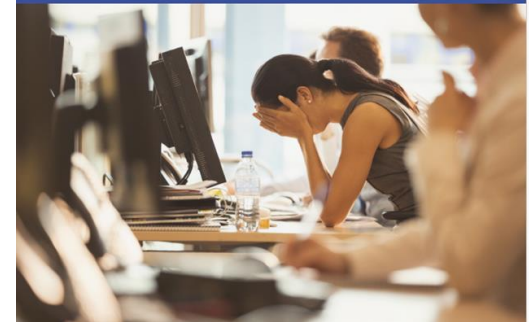


Nick Pahl
CEO SOM

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The value of Occupational Health and Human Resources in supporting mental health and wellbeing in the workplace

Prepared by Dr Kevin Teoh
Chartered Psychologist
Birkbeck, University of London



- Adopt a systematic approach to managing wellbeing in the workplace, based on ill health prevention and managing the main risks to workers' health
- Develop effective working relationships, with mutual trust and credibility at its core
- Recognise the boundaries of competence in relation to mental health and wellbeing, and work to increase the resource available to manage workforce mental health and wellbeing..
- Increase influence within work, to advocate and encourage input into mental health and wellbeing strategy and initiatives across the primary, secondary, and tertiary level

New guides on:

- **Choosing an IT provider**
- **Driving and Occupational Health**
- **Choosing wellbeing products and services**
- **Suicide postvention**

SOM and UKHCA

Position Statement on the
implementation of HSE
Noise Health Surveillance
Guidance

May 2023



Use of photography in the diagnosis and staging of **HAND ARM VIBRATION SYNDROME (HAVS)**



HAND ARM VIBRATION SYNDROME (HAVS) and **WHOLE BODY VIBRATION (WBV)**



Special interest groups – examples and outputs

Construction worker health assessment group [guidance](#)

HAVS SIG guidance [available here](#).

Noise Induced Hearing Loss SIG with UKHCA [Position Statement on the implementation of HSE Noise Surveillance Guidance](#) and new document available

Mining SIG - presentation from the Centre for Occupational and Environmental Health Africa [here](#).
Health Management in Mining presentation from December 2023 meeting [here](#).

Nuclear Industry Ionising Radiation Occupational Health Professionals SIG

Occupational, Health and Work Psychology SIG guide on *Evaluating and supporting Neurodifferences at work* [here](#).

Occupational Health Technicians SIG [scope of practice of Occupational Health Technicians](#) and [Career Path of OH Technicians](#).

Skin SIG released this [Managing Skin Health at Work](#) guidance

Other SOM groups meet on issues such as Mental Health, Long COVID, Pensions, Neurodiversity, Travel Medicine, Marketing and Leadership.

SOM also hosts wider groups such as [MSK at Work Network](#), Sleep and Work and the independent Academic Forum on work and health

Future Advocacy focus

External to stakeholders

- Universal Access to OH including enforcement using HSE
- Localising agenda – DWP/DHSC link up using WorkWell
- Fit note review

Internal within OH

- Use of technology e.g. AI
- Strengthening OH leadership



ANY QUESTIONS?

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