

Our People – Lifesaving Operations



RNLI Medical Guidelines

1. Maritime and Coastguard Agency (MCA) - MSN 1886 (M+F) Medical Fitness Standards (July 2020)
2. DVLA - Approved Doctors Manual - Group 1 and Group 2 license holders (March 2021)
3. UK Civil Aviation Authority (CAA) Medical Requirements and guidance material for the certification of pilots, air traffic controllers and cabin crew
4. UKOAA/OGUK Medical Aspects of Fitness for Work Offshore: Guidance for Examining Physicians, RUK Renewable UK — Medical Fitness to Work - Wind Turbines (Jan 2013)
5. Royal Navy – aspects of their medical fitness guidelines for operational personnel

Occupational Risks

- Hovercraft - noise
- D Class/Arancia Operations – MSK – shoulders, knees, back, hips; Whole Body Vibration
- B Class Operations – Some anthropometric challenges, noise
- All Weather Lifeboats – risk of bottoming out in seats, escape hatches, noise
- Marinised Tractors – MSK and anthropometrics, noise
- Exposure to infectious diseases/blood borne viruses (suicide, body recovery, channel rescue, casualty care)
- Exposure to potentially traumatic service calls and rescue
- Surfer's ear
- UV Exposure

Protecting our People

- Health Assessments
- Health Surveillance
- Operational Competency Framework
- Crew Emergency Procedures training (including Sea Survival)
- Annual Fitness Assessments – Lifeguards
- FL-AIR

What next?

- Changing nature of what we do
 - 90% of service calls within 10 miles of shore
 - Pleasure craft
 - Increase in incidence of self harm, suicide and people in mental health crisis
- Move towards fitness and functional capability



Lifeboats

