# PAM Academy Trainee OHA Programme

September 2024



# What is the role of an Occupational Health Adviser





#### **OH Adviser**

- Management Advice
- Pre placement screening
- Performs health screening and surveillance
- Health clearance
- Immunisations and vaccinations
- Phlebotomy
- Health and wellbeing education

#### **OH Nurse**

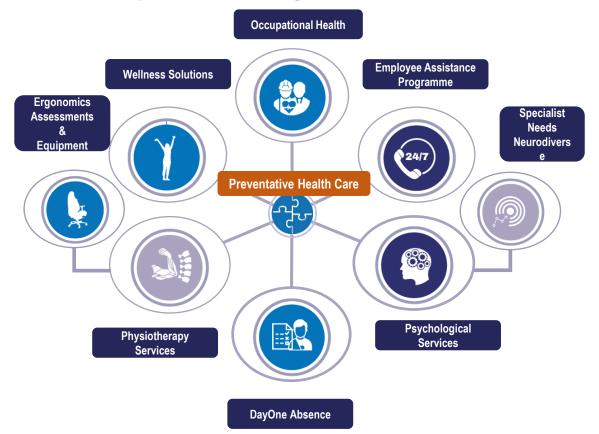
- Health clearance
- Immunisations and vaccinations
- Phlebotomy
- Performs health screening and surveillance

#### OH Technician

- Works under the supervision of an OH Adviser/ Physician
- Collects and records health data
- Performs health screening and surveillance



### **Multidisciplinary teamworking**





# **The Trainee OHA Foundation Course**

#### **TOHA Course Outline**



# Week 1-4 (full time)

- Developing the basic knowledge and skills to complete a management referral.
- Virtual classroom, e-learning, self-led study and reflection.
- Shadowing and practice in the classroom setting.

#### **TOHA Course Outline**

# Week 5-12 (Contracted hours)

- Live cases supported by mentor
- Weekly dedicated study time



# **Continuing support**



PAM Academy

Community of practice

Support to gain a qualification

Growth and Development

#### Feedback



The course has been invaluable, I have learnt so much about the business and the foundations of OH.

I love how interactive the course has been, this was a worry of mine as I didn't know how much would be self-led study.

I've loved that everyone has come together, and we've all been able to share our thoughts and feelings and hopefully support each other too.

Overall, an excellent course, with a great course lead and team of tutors/mentors who provided a much-needed human touch and never seemed to tire of answering questions. Thank you!