



Occupational Health Nurses Careers Morning Wednesday 25th September 2024



Occupational Health in the NHS



A bit about me

- Sarah Holling, Ashford & St. Peter's Hospitals (NHS).
- Nurse Consultant.
- 13 years in HR/Chartered MCIPD.
- 10+ years as adult nurse.
- Previously Sexual Offences Examiner (Police).
- Worked for OH provider, and in house.
- Currently studying for an MSc in Psychiatry.



OH in the NHS?



Not just jabs and bloods ...



More than you might imagine

- Marital breakdown.
- Homophobic bullying.
- Alcohol dependency.
- Drug misuse.
- Domestic abuse.
- Homicidal thoughts.
- Sexual assault.



More than you might imagine

- Post traumatic stress.
- Cultural melting pot with staff increasingly from overseas.
- Refugees.
- New HIV/Hepatitis B.
- Homelessness.
- Substantial financial debt.
- Regulatory responsibilities.
- Mentoring.



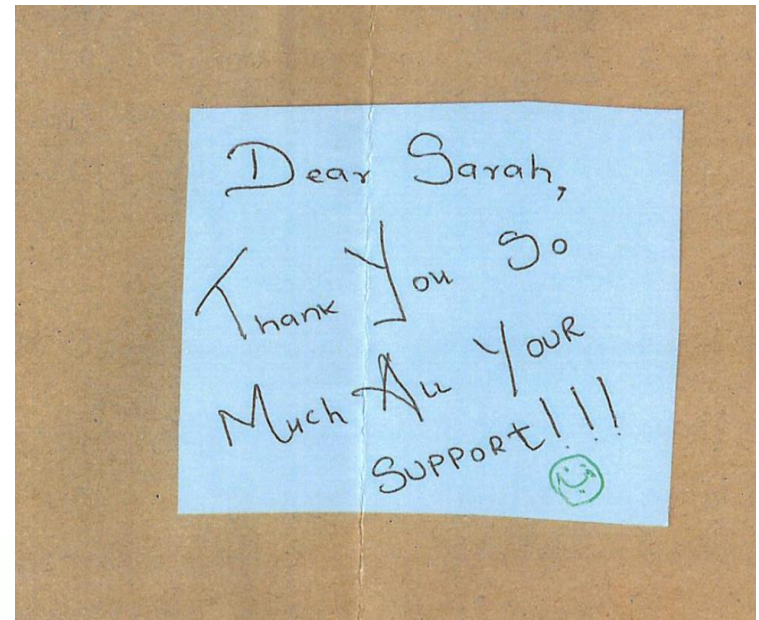
Greater scope to influence

- Presenting to 400+ people.
- Advising board and cross Trust committees e.g. health and safety, IPC, BC.
- Liaising with press team/comms, health and safety, procurement, recruitment.
- Policy Development.
- New IT role outs.
- Audit.
- Vaccination changes.



Long term relationships

- With managers.
- With clients.
- With OH in other Trusts.
- With external customers.



What makes NHS OH exciting?

- Expect the unexpected.
- Variety.
- Public Health.
- Blood Borne Viruses.
- Networks.
- On site.
- Lack of resources – creativity.
- ‘Expert’ clients.
- Proud to care for the NHS Team.



Jerome Stone shows nurses their 'inner oomph'

Visit us!

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