

Society of Occupational Medicine. Inclusion Directory

INCLUSION DIRECTORY	INFORMATION & SUPPORT FOR HEALTH CARE PROFESSIONALS	SIGNPOSTING FOR EMPLOYEES
LGBTIA+	TransHealth UK https://transhealthuk.noblogs.org/	'What the Trans' podcast https://podcasts.apple.com/gb/podcast/what-the-trans/id1397557673
	Organisation providing education and policy development informed by research and personal stories Gender Identification Research and Education Society	Mindout Mental Health Charity and support for the LGBTIA+ community https://mindout.org.uk/
	Trans NHS Staff Network: X: @TransNHS FB: TransNHS	Stonewall https://www.stonewall.org.uk/
	World Professional Association for transgender health (WPATH) - aims to promote evidence-based care, education, research, public policy, and respect in transgender health	LGBT Foundation https://lgbt.foundation/meet-the-team
	National LGBTIA+ Partnership to reduce health inequalities Consortium for stronger LGBTQ+ communities	LGBT Helpline Scotland https://www.lgbthealth.org.uk/services-support/lgbt-helpline-scotland/
	ILGA-RIWI Minorities Report 2017: Attitudes to Sexual and Gender Minorities Around the World https://riwi.com/research/lgbti-2017/	Switchboard https://switchboard.lgbt/
	https://www.ilga-europe.org/report/rainbow-europe-2021/	Parapride - working to create inclusive events and social opportunities for all those living with disabilities, mental health and chronic health conditions and impairments
	iOH webinar - transgender inclusion in the workplace - a personal story	NHS London Gender Identity Clinic
		LGBTQIA+ Menopause https://www.queermenopause.com
WOMEN'S	Health and Care Women's network X: @hcwomenleaders	PMDD and Me https://pmdandme.co.uk/ Premenstrual dysphoric disorder
	Medical Women's Federation https://www.medicalwomensfederation.org.uk/	Women's Health Concern factsheets https://www.womens-health-concern.org/

Society of Occupational Medicine. Inclusion Directory

	British Menopause Society https://thebms.org.uk/ For professionals	Reproductive and mental health advocacy, support, and campaigning for marginalised communities http://cysters.org/
	Endometriosis https://www.endometriosis-uk.org/understanding-endometriosis	
MEN'S	Men's mental health https://www.mentalhealth.org.uk/explore-mental-health/a-z-topics/men-and-mental-health	https://www.thecalmzone.net/
		https://www.menshealthforum.org.uk/
	Free 20 min online training on suicide awareness for all https://www.zerosuicidealliance.com/training	
CULTURE AND ETHNICITY	Filipino Nurses Association UK https://www.fnauk.org.uk/	
	British Sikh Nurses http://www.sikhnurses.co.uk/	
	British Indian Nurses Association FB private group	BIMA Ramadan Compendium
	British Association of Physicians of Indian Origin https://www.bapio.co.uk/	
	NHS Muslim Women Network NHS Muslim Women	
	Judaism and mental health resource https://www.reformjudaism.org.uk/communities-that-care/	
	South Asian Health Foundation https://www.sahf.org.uk/	For both patients and professionals
	A confidential and Islamic-based counselling service for NHS staff https://nhsmuslimnetwork.co.uk/lets-talk-about-mental-health	
	Individual coaching support for Black, Asian and minority ethnic staff working in the NHS of ambulance trusts: Book here	

Society of Occupational Medicine. Inclusion Directory

	Inclusive counselling service by the ACC, either by video link or by telephone https://www.acc-uk.org/	
	Hijab bare below elbow Dresscodes guidance	
DISABILITY	Disability Inclusion employers and support info https://wearepurple.org.uk/	Scotland BSL https://www.gov.scot/policies/languages/british-sign-language/
		Women's Aid BSL https://www.womensaid.org.uk/?s=bsl
		Blind and partially sighted https://www.rnib.org.uk/
		British Dyslexia Association https://www.bdadyslexia.org.uk/advice/adults/in-the-workplace
		Autism employment https://www.autism.org.uk/advice-and-guidance/topics/employment