

Work and Arthritis

- **Do you live with arthritis or a musculoskeletal (MSK) condition?**
- **Does your condition impact your work?**

Versus Arthritis website provides work-related information to help you make informed decisions about work. Whether you are looking for your first job, need adjustments to remain in, or return to work.

Work Adjustment Plan

Use our work adjustment plan to identify adjustments or equipment that could help you to work well with your condition.



QR code to access plan.



Helping you to work well with arthritis

We understand that working with arthritis can be challenging, that is why we have put together key work-related information to help you find the support you need to work well.

Our website offers you information and signposting on a range of work-related areas:

- [Managing your condition in work](#)
- [Information and Self-management resources](#)
- [Disclosing your condition](#)
- [Applying for reasonable adjustments](#)
- [Access to work](#)
- [Workplace rights](#)
- [Working safely and well](#)
- [Keeping healthy at work](#)
- [Making decisions about work](#)
- [Sick leave, treatment and benefits](#)
- [Further education, finding work, changing career](#)

Access work-related information on our website and our work adjustment plan. <https://versusarthritis.org/about-arthritis/work-and-arthritis/>

